

Full Report (All Nutrients) 45035319, MEIJER, BAKED WHEAT CRACKERS, UPC: 041250565628

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Report Date: June 12, 2017 10:58 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Meijer, Inc.

Nutrient	Unit	Data points	Std. Error	31.0 g 31g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	140	452
Protein	g	--	--	2.00	6.45
Total lipid (fat)	g	--	--	5.00	16.13
Carbohydrate, by difference	g	--	--	22.00	70.97
Fiber, total dietary	g	--	--	2.0	6.5
Sugars, total	g	--	--	4.00	12.90
Minerals					
Iron, Fe	mg	--	--	1.08	3.48
Potassium, K	mg	--	--	60	194
Sodium, Na	mg	--	--	230	742
Vitamins					
Folic acid	µg	--	--	10	31
Lipids					
Fatty acids, total saturated	g	--	--	1.001	3.230
Fatty acids, total monounsaturated	g	--	--	1.500	4.840
Fatty acids, total polyunsaturated	g	--	--	2.499	8.060
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

WHOLE GRAIN WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SOYBEAN AND PALM OIL (WITH TBHQ ADDED TO PRESERVE FRESHNESS), SUGAR, CORNSTARCH. CONTAINS 2% OR LESS OF: MALT SYRUP (FROM BARLEY AND CORN), INVERT SUGAR, SALT, WHEAT GLUTEN, VEGETABLE COLOR (ANNATTO EXTRACT, TURMERIC EXTRACT), SODIUM SULFITE. *Date Last Updated by Company:* 10/26/2015

